



### Network Navigation Resources

#### Find a Provider in Our Network

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Easy Steps to Navigate Our Network In-Network We understand the importance of finding a healthcare provider who can best meet the needs of you and your family. We also understand how daunting it might be to scroll through a list of doctors in search of the best fit. Our Network Guides can help you:

- Find a provider in network
- Check if a provider you are already seeing is in network prior to enrollment
- Assist with scheduling an appointment with network-based primary care physicians
- Check availability of a specialty service within our network Call (855) 875-6265 to connect with a Network Guide today.

**Note:** Always verify a provider's network status by calling Blue Cross Blue Shield at (833) 468-3594 or by logging on to [MyHealthToolkitLA.com/links/FMOL Health](https://MyHealthToolkitLA.com/links/FMOLHealth). If the provider address listed on the directory is not the address where care will be delivered, the provider may not be in network. Contact BCBS to confirm.

#### Did you know?

The FMOL Health customized network (EPO Tier 1 and Tier 2/ PPO Tier 1 and 2) is designed to drive care to providers employed by the health system or who are partners of the health system. By using providers and facilities in the FMOL Health customized network, we are helping to preserve the future of our organization and our mission. The EPO network includes the same providers in the PPO Tier 1 and Tier 2 networks.